

Veronique Mead, MD

Depression in Diabetes / Intelligence behind actions we falsely label as "Noncompliance"

2:00-3:00, Thursday November 7th

<u>Objectives & Content:</u>	<u>Time:</u>	<u>Methods</u>	
I. Intro: Current views & practices among audience Objectives: <ul style="list-style-type: none">• Explore common views• Any preconceptions;• Questions to be addressed?	5-10 minutes	Discussion	
II. Statistics & Epidemiology of Diabetes & Depression Objectives: <ul style="list-style-type: none">• Describe findings that depression is more common, lasts longer, and is more recurrent in Diabetes	5-10 min	Lecture*	
III. Relationship between Diabetes & Depression: Cause or Effect; Physiology; Psychosocial; Obesity Objectives: <ul style="list-style-type: none">• Introduce concept that diabetes may be an independent variable in risk for Type II• Diabetes, rather than a result of it;• Obesity AND Diabetes may BOTH be due to insulin resistance	10 min	Lecture & Q/A	
	<ul style="list-style-type: none">• Exercise to explore "logic" of behavior and physiology	10 min	Experiential
IV. Treatment approaches Objectives: <ul style="list-style-type: none">• Introduce importance of not assuming that depression is solely due to diabetes• "lack of compliance" may not be due to "lack of will power"	5-10 min	Lecture & Q/A	
V. Question & Answer period	15 min	Discussion	
	<hr/> 60 min		

* Lecture will be presented with power point

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